

LYON WRIST 2023

Lab Hands-On Day

Tuesday, October 17th, 2023 | Arthrex Lab | Saint-Didier-au-Mont-d'Or

Honored President

Pak-Cheong Ho | *Hong Kong*

Course Chairs

Guillaume Herzberg | *Lyon, France*

Marion Burnier | *Lyon, France*

Speakers

Asgeir Amundsen | *Oslo, Norway*

Ilse Degreef | *Leuven, Belgium*

Francesco Brunelli | *Paris, France*

Christophe Rizzo | *Lyon, France*

Mark Ross | *Brisbane, Australia*



07:45 - 08:00	Welcome	
Lab Session #1 (Moderator: A. Amundsen)		
08:00 - 08:15	Demo 1 – NanoNeedle® in Wrist Surgery	<i>G. Herzberg, M. Burnier</i>
08:15 - 08:30	Demo 2 – Arthroscopic SL Capsulodesis: my simple technique	<i>I. Degreef</i>
08:30 - 08:45	Demo 3 – RADICL Procedure (Repair/Augmentation of Dorsal Capsular Ligaments)	<i>M. Ross</i>
08:45 - 09:00	Demo 4 – My Technique of Open Reconstruction of SLD	<i>F. Brunelli</i>
09:00 - 12:00	Hands-On Practice under Experts supervision	
12:00 - 13:00	Lunch on site	
Lab Session #2 (Moderator: M. Ross)		
13:00 - 13:15	Demo 5 – Technique of ABG of Scaphoid Nonunion	<i>P-C. Ho, A. Amundsen</i>
13:15 - 13:30	Demo 6 – Technique of Foveal TFCC Reinsertion with Anchor	<i>C. Rizzo</i>
13:30 - 13:45	Demo 7 – DRUJ Arthroscopy Technique TFCC Trans Osseous Foveal Reinsertion	<i>G. Herzberg, M. Burnier</i>
13:45 - 14:00	Demo 8 – TFCC Arthroscopic Reconstruction	<i>P-C. Ho</i>
14:00 - 14:15	Demo 9 – Tips for Arthroscopic DRF Fixation	<i>G. Herzberg, M. Burnier</i>
14:15 - 17:15	Hands-On Practice under Experts supervision	
17:15	Closing Remarks	<i>G. Herzberg, M. Burnier</i>

